

ABORIGINAL HEALING & WELLNESS PROGRAM

FEBRUARY 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Moccasin Trail, UAHLP 11 am—3 pm AHWP Drop-In 1-4 pm	2 Craft Circle 10 am—12 noon AHWP Drop-In 1-4 pm	3 "Reiki & Shiatsu" With Laini Lascelles *By appointment only (AHWP clients)
6 Community Kitchen 10.30 am - 12 pm AHWP Drop-In 2-5 pm	7 Journaling 10 am—12 pm Healing Circle (AHF) 1 – 3 pm	8 Moccasin Trail, UAHLP 11 am—3 pm AHWP Drop-In 1-4 pm	9 Craft Circle 10 am—12 noon AHWP Drop-In 1-4 pm	10 <i>Administration Day No Programming</i>
13 Community Kitchen 10.30 am - 12 pm AHWP Drop-In 2-5 pm	14 NO MORE SILENCE Rally & March 12.30 PM at 40 College Street 	15 Moccasin Trail, UAHLP 11 am—3 pm AHWP Drop-In 1-4 pm	16 SELF CARE DAY "Empowerment" With Helen Spielman 10 am – 12 noon	17 "Reiki & Shiatsu" With Laini Lascelles *By appointment only (AHWP clients)
20 FAMILY DAY <i>COUNCIL FIRE CLOSED</i>	21 Journaling 10 am—12 pm Healing Circle (AHF) 1 – 3 pm	22 Moccasin Trail, UAHLP 11 am—3 pm AHWP Drop-In 1-4 pm	23 Craft Circle "Sewing Day" Sandra C, 10-12 am AHWP WORKER OUT OF THE OFFICE	24 <i>Administration Day No Programming</i>
27 Community Kitchen 10.30 am - 12 pm AHWP Drop-In 2-5 pm	28 Journaling 10 am—12 pm Healing Circle (AHF) 1 – 3 pm	22 Moccasin Trail, UAHLP 11 am—3 pm AHWP Drop-In 1-4 pm		

KAROLINA JONSSON
Aboriginal Healing & Wellness
Program Coordinator

**Toronto COUNCIL FIRE
Native Cultural Centre**
439 Dundas St East
Toronto, Ontario
M5A 2B1



*Activities are subject to change
without notice however every
reasonable effort will be made
to notify participants of any
change in the program
schedule.*