



# February 2012

## Makwa Giizis (Mah-kwah Gee-zehss) "Bear Moon"



### First Nation Family Nurturing Program

#### Legend

**CK**=Community Kitchen

**PFNP**=Positive First Nation Parenting

**BTBP**=Beyond the Basic Parenting

**C.O.G.S.**= Church of Good Sheppard

**\*Events may change without notice. Please call in advance to confirm all programming**

Mon	Tue	Wed	Thu	Fri
		1 Sharing Circle 10am-12pm CK @ Sewells Rd 1pm-4pm	2 Drop in Support 10am-12pm Outreach and home visits 2-4pm	3 Admin. Day
6 CK 10am-1pm PFNP 2pm-4pm	7 Regalia Workshop 10am-12pm BTBP 2pm-4pm	8 Sharing Circle 10am-12pm Moms/Dads and Tots Finger Panting 2pm-4pm	9 Drop in Support 10am-12pm C.K.@C.O.G.S. FASD Workshop 1pm-4pm	10 Admin. AM Valentines Day Party 1pm-3pm
13 CK 10am-1pm PFNP 2pm-4pm	14 Regalia Workshop 10am-12pm BTBP 2pm-4pm	15 Sharing Circle 10am-12pm CK @ Sewells Rd 1pm-4pm	16 Drop in Support 10am-12pm Outreach and home visits 2-4pm	17 Admin. Day Welcoming Ceremony 5pm-7pm
20 Closed Family Day	21 Regalia Workshop 10am-12pm BTBP 2pm-4pm	22 Sharing Circle 10am-12pm Moms/Dads and Tots Yoga 2pm-4pm	23 Drop in Support 10am-12pm C.K.@C.O.G.S. Job Readiness Workshop 1pm-4pm	24 Admin. Day
27 CK 10am-1pm PFNP 2pm-4pm	28 Regalia Workshop 10am-12pm BTBP 2pm-4pm	29 Sharing Circle 10am-12pm CK @ Sewells Rd 1pm-4pm		

Toronto Council Fire Native  
Cultural Center  
439 Dundas St. East Toronto, ON M5A 2B1

E-mail: [familynurturing@councilfire.ca](mailto:familynurturing@councilfire.ca)  
Coordinator: Sabrina Eddy ext. 244  
Peer Support: Candace Esquimaux ext. 226  
Phone: 416 360-4350



Public Health  
Agency of Canada

Agence de santé  
publique du Canada

Canada